

Quick Reference Guide - External Benefit Resources

	Employee ID	Group #	Website	Phone
MEDICAL PLAN				
Cigna PPO & Network Open Access	Unique ID from Cigna	3303016	www.cigna.com or www.mycigna.com	800-244-6224
DENTAL PLAN				
MetLife	0000+employee number	84443	www.metlife.com/dental	800-260-1093
VISION PLANS				
EyeMed discounts through Cigna plans	Unique ID from Cigna	3303016	www.mycigna.com go to vision discounts under Healthy Rewards	
Spectera	0000+employee number	N/A	www.spectera.com	800-638-3120
FLEXIBLE SPENDING ACCOUNTS (FSA)				
ADP	User Created	N/A	www.flexdirect.adp.com	800-654-6695
EMPLOYEE ASSISTANCE PROGRAM (EAP)				
APS Healthcare	Noblis	N/A	www.apshelplink.com	800-607-1522
LIFE/AD&D PLANS				
Hartford	N/A	GL-206860	www.hartfordlife.com	860-547-5000
LONG TERM DISABILITY PLAN				
Hartford	N/A	GLT-206860	www.hartfordlife.com	860-547-5000
LONG TERM CARE PLAN				
Unum	SSN	531052	www.unum.com	800-421-0344
VOLUNTARY/OTHER PLANS				
ASI TRICARE Supplement	N/A	N/A	www.asicorporation.com	800-638-2610
College Research & Financial Aid - ConnectEdu	User Created	N/A	www.connectedu.net/noblis	888-748-8188
Discounts & Other Voluntary Plans	N/A	N/A	www.beneplace.com/noblis	
Hanscom Federal Credit Union	N/A	N/A	www.hfcu.org	703-983-1768
Identity Theft Assist – Europ Assistance	023M+employee number	N/A	www.idtheftassist.com	866-914-3349
Legal Plan - ARAG	0000+employee number	N/A	www.araggroupp.com	800-247-4184
RETIREMENT PLANS				
Fidelity	SSN or User Created	68528 403(b) 68693 401(a)	www.netbenefits.com	800-343-0860
TIAA-CREF	User Created	104052 403(b) 104051 401(a)	www.tiaa-cref.org	800-842-2776